

The Journey of Volunteering



Leszno, Poland 2021



The short-long term volunteers of Fundacja CAT

Eightteen volunteers from all
different countries came to
Leszno to organize activities
and promote the European
values

We will take a look into the
daily life of the volunteers



Breakfast!

Every day starts with a good and healthy breakfast

There are a lot of different supermarkets in Leszno to get a nice breakfast





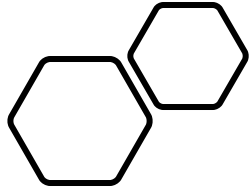
Working time

After breakfast it is time to work. The volunteers work according to a schedule introduced at the beginning of the week

Here are some examples of the volunteers tasks:

- - Work on DIY workshop
- - Theatre practice
- - Promoting and preparing EU-event
- - Coaching session
- - Evaluation





Workshops

Every volunteer has to prepare multiple workshops or activities

They are encouraged to put their most creative ideas into practice

The workshops are a productive way to promote the European values to young people in Leszno





Relaxation

Besides working it is also very important to relax. Despite Covid-19 there were plenty of ways to do this

Ways to relax:

- Make a walk through the city
- Find a nice place to eat
- Travel to other places
- Go to a lake or forest
- Do whatever makes you feel happy :)





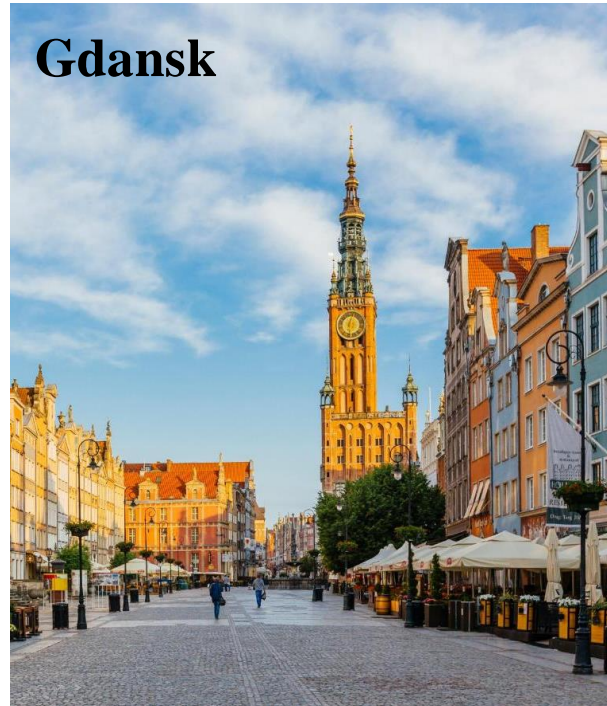
Traveling

Volunteers usually use their holidays to travel
Poland has a lot of beautiful cities to visit

Poznan



Gdansk



Krakau



Warschau



Dinner



Volunteers often like to make a meal from their home country



Everybody can come to taste and have fun



And after all those great new experience
it is also important to get some sleep

Goodnight!